



NMN 250mg 60 Oral Capsules

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**BOOST CELLULAR NAD⁺, SUPPORT
METABOLIC RESILIENCE AND
PROMOTE HEALTHY AGING**

Oral

NMN is a direct precursor to NAD⁺, a vital coenzyme for energy, DNA repair, and cellular health. NAD⁺ declines with age, contributing to fatigue, metabolic slowdown, and oxidative stress. Research shows NMN boosts NAD⁺ levels, supporting mitochondrial function, insulin sensitivity, and longevity pathways like sirtuins.

Clinical trials suggest benefits for metabolism, endurance, and aging biomarkers such as telomere length and hearing. NMN is promising but remains investigational pending larger, long-term human studies.

Key Potential Benefits

- **Raises NAD⁺ Levels** – Oral NMN consistently increases NAD⁺ in blood cells by 11–38% over 60 days and shows similar boosts in other trials.
- **Supports Physical Performance** – Middle-aged adults improved six-minute walking test distance and grip strength in randomized trials.
- **Enhances Insulin Sensitivity** – Improves insulin response in prediabetic women and prevents insulin resistance compared to placebo.
- **Promotes Healthy Aging Effects** – Early data show improvements in telomere maintenance and hearing function in older adults.
- **Safe & Well-Tolerated** – Daily doses up to 300mg over 3 months showed no serious adverse effects in middle-aged and elderly subjects.

Technical Information :

CAS Number: 1094-61-7

PubChem CID: [14180](#)

Formula: C₁₁H₁₅N₂O₈P

Specifications:

- 250mg
- 60 Capsules



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